



As we continue to explore God's gift of Sabbath this month, I share with you a blessing poem "For Busy Adults" written by Rev. Meta Herrick Carlson in *Speak It Plain: Words for Worship and Life Together* 

Remember the Sabbath.
It is not a suggestion, but rather
the first of all commands, for God knew
We would need this rhythm of rest
in the beginning and every generation since.

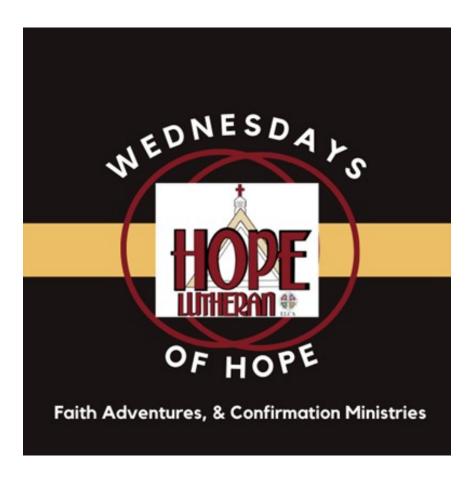
Even and especially in the middle of life, when we are called by so many names that belong to duty and performance, that call us away from our first and forever name: Beloved Child of God.

You are surrounded by generations and expectations that will never tire of asking more of you, Filling your days with obligation that is both rich and weary, that tempts you to forget you are mortal.

God, grant us the courage to rest, to resist the idols of busy and best, to learn to stand ourselves long enough to hear you call our name, to notice what you are making, even without our help and hindrance.

Bless our deep breaths, our long sighs, and our fearful fidgets so that we trust your presence in our nothingness and learn to believe the world will keep spinning and it is enough to simply be your people.





## WEDNESDAYS OF HOPE RESUMES TONIGHT!!! WELCOME TO OUR WINTER SESSION!

If you have not already registered for SESSION 2, please fill out the **ONLINE REGISTRATION FORM**.

Friends are always welcome!



#### Meal Support for Milo & Betty Lou

Those of you that are interested in preparing a meal for the Oppegards please contact Jeff or Karen Rodewald at 715-222-2551

# THIS SUNDAY FOLLOWING WORSHIP 10:45AM 2023 HOPE ANNUAL MEETING & POTLUCK

In-person & Online via Zoom

Join Zoom Meeting https://us02web.zoom.us/j/84301665866? pwd=bmdpUzBhSzgzRmt5blhKa0NkdHVIUT09

Meeting ID: 843 0166 5866 Passcode: 805112



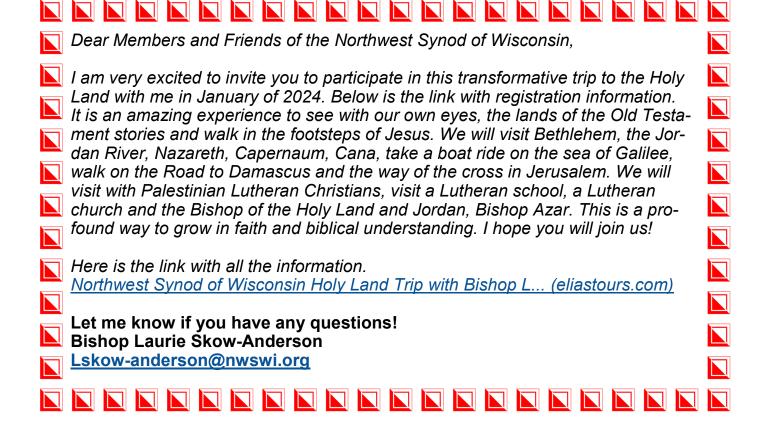
HOPE Members,

Are you willing to be HOPE's Vice President for 2023??

The Nominating Committee has NOT been able to find a candidate to be Vice President for 2023 (which would normally be formally elected this Sunday at the Annual Meeting). We have specifically asked well over 20 people, and intentionally not asked some for various reasons.

If we missed talking to you, and you have a desire to lead HOPE via this Vice President role, we sincerely apologize. Please reach out to any of the Nominating Committee members asap.

Your friendly Nominating Committee members:
Nancy Sailer, Karen Brohaugh, Dan Malaney, and Keith Getschel







Mark you calendars for February 18th from 5:00 - 7:00 for HOPE's annual Luminary Walk



Save the Date!
HOPE's Family Bowling Event
March 26th from 1:00-3:00





Hosted by Council 4902 Knights of Columbus

Current and future dads, grandpas and father figures are invited to a half-day rally focused on the prime role of your life ... being the great dad God calls you to be. Men of all faith traditions are welcome!



Registration requested by January 26 at: signupgenius.com/go/knightsfordads

Bob Kroll, nationally recognized fatherhood speaker, will explain how the relationships between fathers and their children have a major impact in their families and in our world. And how dads can be even more effective.





- Connect with other dads
- Find resources to help you become your very best
- Learn how you impact your children's present and future
- Reflect on your "fatherhood" and what you want for your child or children
   Be proud of the dad you are becoming; we are all a work in progress!



Every dad is called by God the Father to a sacred vocation. Discover the graces and gifts that God bestows on each of us. Now more than ever in history, it's time to step up ... to man up and make a difference in children's lives.

Listen! Learn! Connect! Commit to being a GREAT DAD!



8:30am - Noon SATURDAY, FEBRUARY 4th St. Bridget Church, River Falls FREE! (Goodwill offering accepted)

REGISTRATION: SIGNUPGENIUS.COM/GO/KNIGHTSFORDADS





#### A NEW GIVING OPPORTUNITY: THE HOPE MUSICIAN'S FUND

Do you LOVE the musical offerings here at HOPE?

Are you grateful for the gift of our fantastic Sunday pianists?

Would you love to see additional musical ensembles and guests join us?

Has music in worship been an important dimension of your spiritual life?

If you've answered YES to any of these questions, you may want to live into God's call toward generosity by giving a gift to our NEW "HOPE Musician's Fund."

HOPE now pays our Sunday musicians a fair wage for their work, rather than expecting this on a volunteer basis. This expense emerged as a need mid-budget year, and so this fund will help meet this financial need and hopefully provide seed money to fund these positions in the 2023 budget year. In addition, our hope is for this fund to be used in the future to bring in special musical guests and ensembles in the months and years ahead!

Please prayerfully consider giving a special Christmas Seed Gift to this important ministry as you are able!





Hallie Neuhaus	1-Jan
Jill Fritz	3-Jan
Teegan Johnson	6-Jan
Katherine (Klacan) Schilling	11-Jan
Camryn Glaubitz	11-Jan
Mary Thompson	13-Jan
Jan Malaney	15-Jan
Connie Juaire	16-Jan
Samantha Brill	18-Jan
Sydney Wolfe	19-Jan
Lexy Getschel	21-Jan
Mason Shea	21-Jan
Sean James	22-Jan
Makayla Ziebarth	23-Jan
Amanda Ziebarth	28-Jan
Jeremy Wolfe	31-Jan



Mark Bondhus
Wendy Tokheim
Lisa Ryland
Karen Rodewald
Susan Schuettpelz
Bruce Schuettpelz
Greta Wunrow





#### Please lift up the following people in prayer

Betty Lou Oppegard

Anna Peterson (Friend of Olive Olson)

Mike & Lorraine Davis

The Trudy Loney family

Darwin & Margaret Bredahl (Karen Hamilton's sister & brother in law)

Olive Olson & family

Bruce Young (Relative of Karen Brohaugh)

Daryl Kleeman (brother of Darcy Boock)

Dawne Green (Friend of Olive Olson)

Miriam Monroe (Bill Montgomery's sister)

Gary Blowers (Friend of Linda Jacobson)

Noah Sailer (Nancy Sailer's son)

Naomi Brandt and family

The family of Jim Pratt

Tom & Judy Jensen (Friends of Nancy Sailer)

Meg Heaton Family (Friends of Nancy Sailer)

Milo Oppegard

Brian Fix & Katie (Nancy Sailer's cousin)

Kevin Rodewald & family (Jeff Rodewald's brother)

Carin Perkins (Faye Perkins sister)

David Boock (Relative of the Boocks)

Nicholas Simpson (Boock family friend)

Linda Hidding (Nancy Sailer's cousin)

Kathy Granquist (Karen Brohaugh's niece)

Barbara McIntosh (Joe McIntosh's mother)

Linda & Jesse Annoye Family (Relatives of Debra James)

Greg Rosenthal (Relative of Karen Brohaugh)

Boyd Huppert (Rodewald family member)

Teajai Schmidt (Boock family friend)

Rev. Sarah Mayer-Flatt (Friend of Pastor Annie)

Dave Hallquist (Friend of Bill Montgomery)

Lee Hill (friend of Naomi & Jerry Brandt)

Judy Karshbaum

Gary Siebold

David Hendrickson

Jon Boyce

Jay and Jeri Jorgenson (friends of the Bohnerts)

Fred Schmidt and family (Relatives of the Boocks)

Rod Cina (son of Mary Solum)



#### First Sunday of the Month Special Collections

The River Falls School District has 112 children signed up for the Backpack Program this year. This program falls under the auspices of Our Neighbors' Place and is primarily funded by The Black Tie Affair held every April and donations. It does not receive any help from the River Falls Food Pantry.

Therefore, the Mission Ministry through HOPE would like to start collecting donations for the Backpack Program on the first Sunday of each month alternating with the Food Pantry.

The Magic Box works in the same manner as for the Food Pantry, whereas each dollar magically will have \$5 of purchasing power. The next opportunity will be November 6, when your generous donations will support the Backpack Program.

### First Sunday of the Month Special Collections Schedule 2023

January 1 Backpack Program

February 5 Food Pantry

March 5 Backpack Program

April 2 Food Pantry

May 7 Backpack Program

June 4 Food Pantry

July 2 Backpack Program

August 6 Food Pantry

September 3 Backpack Program

October 1 Food Pantry

Nov 5 Backpack Program

December 3 Food Pantry